



ABOUT SUSAN E. CASEY

Susan E. Casey, MSW, MFA, is an author, a licensed mental health clinician, a certified bereavement group facilitator, and a certified life coach. Throughout the past 25 years, Susan has worked in hospice, in-patient, and home-based settings with teens and adults, and taught numerous courses to executive leaders and clinicians.

Currently, Susan works for a measurement-based care organization, providing clinical coaching to therapists, psychologists, and psychiatrists countrywide to improve mental health outcomes for youth and adults. Susan also teaches an 8-week online grief and loss course for those who have lost a sibling.

Susan's blog on her website, rockyourshine.com and email is rockyourshine@gmail.com, chronicles her grieving process following the death of her younger brother. Her fiction has won numerous awards, including first place in the PEN/Nob Hill Literary Contest and Green Writer's National Literary Contest. *Rock On: Mining for Joy in the Deep River of Sibling Grief* is her first work of nonfiction published on February 14, 2020 by Library Tales Publishing. *Rock On* won 1st place in general nonfiction in the Royal Dragonfly book contest and was a finalist in the Best 2020 Books American Fest national book contest and the Book Excellence national book contest. Both Susan's professional and creative work have been guided by her deep belief that every individual has purpose and inherent strengths and deserves the opportunity to reach their own unique potential. Susan lives in Maine with her husband Steve and mini aussiedoodle Rocky.