

Sabriya Charles is the award-winning Founder of Project Passport LLC, a preventative mental wellness company focused on empowering individuals and organizational teams to take control of their mental health through interactive retreat and workshop experiences hosted on-site and remotely. Sabriya is also the Founder and Registered Mental Health Counselor Intern of the mental health practice Fruits of Freedom Counseling, where she provides therapeutic services to working professionals, teens, and emerging young adults to address mental health challenges. As a Certified Professional Trainer, Speaker, and Author, Sabriya has designed curriculums, facilitated, and coordinated multiple wellness experiences for thousands of attendees over the past few years.

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